



STATEMENT ADDRESSING THE COVID-19 OUTBREAK

Mobile Meals of Wenatchee is closely monitoring information and resources being shared by the experts in disease control and are putting prevention and response plans into place. We are acting very cautiously out of concern for the health of our volunteers, clients and family members.

We have implemented “no-contact” delivery of meals. Our drivers will make deliveries as follows:

1. Meals will be placed in the recipient’s cooler or in a plastic bag that will be hung from a doorknob.
2. The driver will then knock or ring the doorbell and step away – at least 6 feet.
3. If the driver would normally visit with the recipient he/she can wait a reasonable length of time for the recipient to answer the door and visit briefly, from a distance, to check on wellness.

Recipients are asked to do the following:

- If you don’t already have a cooler designated for meal delivery, but have one available, put it out. Otherwise expect your meal to be in a plastic bag as described above.
- Let the Mobile Meals Coordinator know if you are ill or need special arrangements for delivery.

If a client shows symptoms the client will be removed from route delivery and special arrangements will be made for meal deliveries.

We follow health officials’ recommended steps to protect against coronavirus similarly to how we prevent the spread of other illnesses such as the flu. We are asking our volunteers to adhere to the following:

- Special care should be taken when interacting with all our clients. Do not shake hands, hug or touch clients.
- If you are not feeling well, or don’t feel comfortable delivering meals in these uncertain times, stay home. Let the Coordinator know, and we will find a substitute driver.
- As part of your delivery and Wellness Check ask the clients if they are feeling OK. If a client reports feeling ill or you notice symptoms of illness, advise the Mobile Meals Coordinator so she can follow-up with the client and inform their family member or healthcare provider.
- Wash your hands often and for at least 20 seconds; especially after using the restroom and after blowing your nose, coughing or sneezing
- Covering your cough or sneeze with your arm; when a tissue is used, discard it appropriately
- Avoid touching your eyes, nose and mouth
- Clean and disinfect the handles, steering wheel and shifter of your automobile among other surface areas using a regular cleanser, bleach, wipe or spray. Consider cleaning all touched objects and surfaces at home.

We know the critical importance of preparation in times like this and understand the delicate balance between panic and preparedness. While we do not anticipate a disruption in meal deliveries, we are continually considering contingency plans should meal delivery service be disrupted.

Our seniors and the volunteers who serve them remain our utmost concern. It is our hope that an end to this outbreak comes soon. This virus outbreak will change how we interact with each other and our daily lives as we may experience shortages of products, services and volunteers. Mobile Meals asks for your help and to consider volunteering so we may continue to be a vital solution for those isolated persons who are unable to nourish themselves.

March 20, 2020